



Ernie Graham and Dr Karen Graham, owners of The Priory Residential Care Home

*“People with dementia who live in care homes need to be given as much freedom as possible whilst not being exposed to undue levels of risk”, says Ernie. “The MyAmego system is a great help with this as it allows the staff to monitor residents’ movements much less intrusively, but much more effectively. It is also a great help in detecting changes in residents’ mobility which often provide early warnings of problems with their health.”*

### Enabling dementia care residents

The Priory in Pembury, Kent, is a 30 bed specialist residential care home for people living with dementia. The proprietor, Ernie Graham, took over the home in 2003 intent on delivering a high standard of care and creating an environment best suited to individuals’ needs and preferences.

### Monitoring sensitive situations

MyAmego’s discreet sensing of environments has allowed residents at The Priory unassisted movement around the home and garden appropriate to their own individual capabilities and preferences. The MyAmego user wears a pendant, which automatically triggers recognition of person and place to a central control when that user enters, or passes through, a sensor area in the home. It is particularly useful for monitoring sensitive situations; “For instance, toilet regularity of people with dementia is a particular concern for us as carers”, comments Ernie. “With MyAmego, our staff can monitor and assist discreetly, but pro-actively” with alerts for assistance sent unobtrusively to carers’ pagers. The system satisfies safeguarding and provides invaluable information to staff for dependency discussions and managing falls.

### Delivering person-centered care

By monitoring remotely, carers are able to spend more time with residents on a one-to-one basis, providing individual care and taking more time to sit and generally have a chat. In some cases medication can be reduced to encourage residents to become more active, as their environment is continually monitored and the carers know they are safe.

The increased independence of the residents has led to some changes in the way the home runs. For example, as residents have been shown to be more active in the afternoon, the Activity Team have changed their working hours, and now work later shift patterns and weekends to ensure that their role provides maximum stimulation to residents at more appropriate times.

In addition the home works to re-enable residents who wish to take part in day-to-day tasks such as tidying books, helping with the tea trolley, washing up the salt and pepper pots and folding napkins.





All residents have specific needs and the home is always trying to think of new ways to stimulate residents who do not always wish to take part in group activities and in some cases that merely involves encouraging them to be mobile, to move around the home and use the extensive back garden. MyAmego helps the team to manage any risks involved in these activities.

*“At The Priory we make extensive use of the analysis and reporting applications of MyAmego.*

*For example, MyAmego passively monitors changes in each of our residents’ mobility on a daily basis. So when I want, I can use this data to automatically produce on-line mobility reports for individual residents for any set period of time.*

*I find this a very useful tool for assessment and for prompting general review and discussion with health professionals, care managers and family members involved in the resident’s care.”*

Lorraine Cousins  
Manager, The Priory



## Reports and graphs

The various reports that are available have been used by the care team to monitor subtle changes in residents’ mobility and how they use the living space in the home – changes which the team can use to interpret and identify conditions. The team have been able to identify the onset of conditions such as urinary tract infections, constipation and depression taking the MyAmego reports to evidence issues and working with GPs and Community Nursing to manage and treat the conditions.



To learn more about the comprehensive capability of MyAmego or to arrange a meeting and personal demonstration please

Contact us at  
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## Significant benefits to users and carers

MyAmego captures movement data 24/7, which can be used to create personalised feedback on aspects of the person’s care. "Families and advocates of residents are also able to have on-line access to a protected website, keeping them informed about their loved ones", says Ernie.

To find out more about The Priory Care Home, visit  
www.thepriorypembury.co.uk